

Belleville School District

Feb 2, 2026 thru Feb 27, 2026 Spreadsheet - Portion Values

Jan 29, 2026

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Lunch Grades K-8

	Portion Size	Cals	mg Sodm	IU Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat
Mon - 02/02/2026									
Lunch Grades K-8	Total								
Pepperoni Pizza nardones	1 each	343	595	0	0.05	19.42	29.28	16.82	8.13
Corn Dog-Whole Grain Chicken	1 each	240	470	0	0.00	9.00	30.00	9.00	2.50
Popcorn Chic Salad w/ Bosco St	salad	547	931	3211	12.84	37.84	46.04	23.99	9.22
SALAD DRESSING, Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Green Beans Blue lake	1/2 cup	24	290	300	3.27	1.10	3.97	0.01	0.00
Applesauce Unsw Cups-USDA 17-1	1/2 cup	51	2	0	0.00	0.00	14.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		532	1002	1006	5.54	26.62	67.58	17.51	7.00
% of Calories						20.0%	50.8%	29.6%	11.8%

Tue - 02/03/2026									
Lunch Grades K-8	Total								
French toast sticks w/ Sausage	4 pieces	421	666	31	0.00	17.20	36.00	24.48	8.32
Croissant w/ham&chs	1 each	255	880	307	0.00	11.78	31.03	10.49	4.89
Italian salad-Bosco Sfi	1 each	358	715	3051	11.38	24.12	29.10	16.64	7.65
SALAD DRESSING, Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Baby Carrots	1/2 cup	20	44	7819	4.76	0.36	4.67	0.07	0.01
PEARS: canned, light syrup	1/2 CUP	71	6	0	0.88	0.24	18.99	0.04	0.00
Go-gurt yogurt	tube	45	30	300	0.00	2.00	8.00	0.50	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		620	979	8606	7.85	26.30	85.88	20.63	7.27
% of Calories						17.0%	55.4%	30.0%	10.6%

Wed - 02/04/2026									
Lunch Grades K-8	Total								
CHEESEBURGER ON A BUN	1 each	381	526	197	0.00	19.78	36.60	17.95	7.04
Chicken Quesadilla-Gilardis	1 each	320	770	0	0.00	18.00	38.00	11.00	2.50
CHEF SALAD W/ Bosco Stick	SALAD	337	818	3211	12.84	25.15	30.45	13.30	6.59
SALAD DRESSING, Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
BROCCOLI: frozen, boiled	3/4 CUP	39	15	1543	55.34	4.28	7.38	0.17	0.01
Peaches, diced usda comm 16-17	1/2 cup	60	5	0	0.00	0.00	14.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		566	782	2008	49.12	29.62	75.22	17.19	5.66
% of Calories						20.9%	53.2%	27.3%	9.0%

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Lunch Grades K-8

	Portion Size	Cals	mg Sodm	IU Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat
Thu - 02/05/2026									
Lunch Grades K-8	Total								
Chicken Nuggets, Pierce	6.0 each	216	731	0	0.00	17.97	13.18	10.78	1.20
MACARONI AND CHEESE	1/2 CUP	379	903	778	0.00	18.77	26.00	22.11	13.68
Meatball Sandwich	1 each	476	759	538	5.89	23.46	41.40	25.02	9.18
Italian salad-Bosco Sti	1 each	358	715	3051	11.38	24.12	29.10	16.64	7.65
SALAD DRESSING,Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
CORN: frozen, yellow	1 CUP	133	2	326	5.74	4.18	31.65	1.10	0.16
Mixed Fruit-Mission Pride	1/2 cup	80	5	200	1.20	1.00	18.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		821	1538	1593	8.06	42.86	95.04	31.83	13.46
% of Calories						20.9%	46.3%	34.9%	14.8%

Fri - 02/06/2026									
Lunch Grades K-8	Total								
NACHOS W/Chicken & Chs Sc	servng	300	760	0	0.00	10.00	27.00	16.50	4.75
Fish Sticks	5 sticks	249	386	125	2.99	17.43	21.16	11.21	1.87
Cornbread muffin	1 each	170	105	0	0.00	3.00	28.00	5.00	1.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
CHEF SALAD W/ Bosco Stick	SALAD	337	818	3211	12.84	25.15	30.45	13.30	6.59
SALAD DRESSING,Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
Fiesta Black Beans	3/4 cup	165	705	0	0.00	7.50	30.00	1.50	0.00
APPLES,Fresh	1 EACH	72	1	75	6.35	0.36	19.06	0.23	0.03
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		686	1480	893	8.84	28.78	97.08	20.69	5.30
% of Calories						16.8%	56.6%	27.2%	7.0%

Mon - 02/09/2026									
Lunch Grades K-8	Total								
Breaded Chicken sand w/Cheese	sandwich	378	960	375	0.00	28.59	43.51	11.04	2.50
HOT DOG ON A BUN:TURK FRANK	1 each	270	890	0	0.00	13.00	35.00	10.00	2.50
Popcorn Chic Salad w/ Bosco St	salad	547	931	3211	12.84	37.84	46.04	23.99	9.22
SALAD DRESSING,Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
BROCCOLI: frozen, boiled	3/4 CUP	39	15	1543	55.34	4.28	7.38	0.17	0.01
Cheese Sauce	1 OZ	41	146	115	0.16	2.75	2.75	2.11	1.01
PEARS: canned,light syrup	1/2 CUP	71	6	0	0.88	0.24	18.99	0.04	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		625	1210	2389	50.65	38.16	86.86	16.20	4.49
% of Calories						24.4%	55.6%	23.3%	6.5%

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	Portion Size	Cals	mg Sodm	IU Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat
Tue - 02/10/2026									
Lunch Grades K-8	Total								
Chicken Strips w/g	svg (3 ea)	171	398	128	1.00	15.00	9.00	8.00	2.00
Mini waffles & Syrup	1 each	279	220	1000	0.00	4.00	55.44	5.00	1.50
TOASTED CHEESE SANDWICH	Sandwich	545	1936	1088	0.00	29.08	25.81	36.38	22.29
Italian salad-Bosco Sti	1 each	358	715	3051	11.38	24.12	29.10	16.64	7.65
SALAD DRESSING,Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Baked beans-Bush's	3/4 cup	210	555	0	0.00	7.50	45.00	0.00	0.00
Peaches, diced usda comm 16-17	1/2 cup	60	5	0	0.00	0.00	14.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		824	1450	2318	6.62	36.97	127.54	18.22	6.64
% of Calories						17.9%	61.9%	19.9%	7.3%

Wed - 02/11/2026									
Lunch Grades K-8	Total								
Toasted Ravioli with sauce	serving of 6	392	981	1096	8.75	14.03	49.03	16.70	3.39
Bosco Stick	1 each	210	270	200	0.00	12.00	26.00	7.00	3.00
Turkey & Cheese Wrap	1 each	263	782	750	0.00	20.60	21.30	11.09	5.65
CHEF SALAD W/ Bosco Stick	SALAD	337	818	3211	12.84	25.15	30.45	13.30	6.59
SALAD DRESSING,Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Green Beans Blue lake	3/4 cup	36	435	450	4.91	1.66	5.96	0.01	0.00
Applesauce Unsw Cups-USDA 17-1	1/2 cup	51	2	0	0.00	0.00	14.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		691	1555	2070	11.78	32.74	95.29	21.02	6.34
% of Calories						18.9%	55.1%	27.4%	8.2%

Thu - 02/12/2026									
Lunch Grades K-8	Total								
Bacon Cheeseburger	1 each	426	779	436	0.00	22.82	37.53	21.27	7.97
Hot & Spicy Chix Sand-Goldkist	1 each	337	638	0	0.00	22.00	38.47	11.00	2.32
Italian salad-Bosco Sti	1 each	358	715	3051	11.38	24.12	29.10	16.64	7.65
SALAD DRESSING,Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
French Fries Seasoned McCain	3 oz	130	135	0	0.00	1.00	19.00	6.00	1.00
ORANGE	1 EACH	62	0	295	69.69	1.23	15.39	0.16	0.01
Holiday Cookie GoodSource	1 each	172	78	50	0.00	1.70	27.00	6.70	1.80
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20

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	Portion Size	Cals	mg Sodm	IU Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat
Weighted Daily Average		791	977	1006	61.25	30.92	109.48	27.19	7.11
% of Calories						15.6%	55.4%	30.9%	8.1%

Fri - 02/13/2026									
Lunch Grades K-8	Total								
CHILI	8 oz	361	932	1160	14.15	28.49	32.20	13.59	5.11
Goldfish Crackers	.75 oz	101	182	0	0.00	2.03	14.17	3.54	1.01
HAM & CHEESE SANDWICH	1 each	260	951	136	0.00	16.49	32.35	7.65	3.17
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
CHEF SALAD W/ Bosco Stick	SALAD	337	818	3211	12.84	25.15	30.45	13.30	6.59
SALAD DRESSING, Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
CARROTS: frozen, boiled	3/4 CUP	41	65	18205	2.52	0.64	8.46	0.74	0.13
Mixed berries	1 each	90	0	0	0.00	0.00	20.00	0.00	0.00
Tiger Bites	bag	120	105	0	0.00	2.00	21.00	4.00	1.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		772	1337	15285	14.64	37.05	107.59	21.49	6.98
% of Calories						19.2%	55.8%	25.1%	8.1%

Mon - 02/16/2026									
Lunch Grades K-8	Total								
HOLIDAY	SERVING	0	0	0	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average		0	0	0	0.00	0.00	0.00	0.00	0.00
% of Calories						0.0%	0.0%	0.0%	0.0%

Tue - 02/17/2026									
Lunch Grades K-8	Total								
Chicken Nuggets, Pierce	6.0 each	216	731	0	0.00	17.97	13.18	10.78	1.20
Dinner Roll WG bake crafters	1 ea	61	116	0	0.00	2.03	13.16	0.00	0.00
BBQ RIB SANDWICH	1 each	355	1150	100	1.20	18.00	47.00	12.00	3.50
Italian salad-Bosco Sti	1 each	358	715	3051	11.38	24.12	29.10	16.64	7.65
SALAD DRESSING, Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Mashed Potatoes & Gravy	3/4 CUP	167	123	272	56.27	1.94	24.44	6.11	1.20
Applesauce Unsw Cups-USDA 17-1	1/2 cup	51	2	0	0.00	0.00	14.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		679	1112	1963	59.63	31.64	90.02	21.70	5.69
% of Calories						18.6%	53.0%	28.8%	7.5%

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Feb 2, 2026 thru Feb 27, 2026 Spreadsheet - Portion Values
Lunch Grades K-8

	Portion Size	Cals	mg Sodm	IU Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat
Wed - 02/18/2026									
Lunch Grades K-8	Total								
Cheese Pizza Nardones	slice each	310	470	0	0.00	18.00	29.00	14.00	7.00
Cheesy Fish Sandwich	1 each	339	700	375	0.00	19.38	46.37	9.39	2.40
CHEF SALAD W/ Bosco Stick	SALAD	337	818	3211	12.84	25.15	30.45	13.30	6.59
SALAD DRESSING, Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Green Beans Blue lake	3/4 cup	36	435	450	4.91	1.66	5.96	0.01	0.00
Craisins	pkg	110	0	0	0.00	0.00	27.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		542	1127	1467	8.01	26.56	75.44	14.71	5.97
% of Calories						19.6%	55.7%	24.4%	9.9%

Thu - 02/19/2026									
Lunch Grades K-8	Total								
TACOS, TWO SOFT	2 EACH	523	978	1467	6.68	41.19	38.45	22.71	10.32
Mini Corn Dogs WG Chicken	6 each	180	320	0	0.00	6.00	20.00	8.00	2.50
Italian salad-Bosco Sti	1 each	358	715	3051	11.38	24.12	29.10	16.64	7.65
SALAD DRESSING, Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
CORN: frozen, yellow	1 CUP	133	2	326	5.74	4.18	31.65	1.10	0.16
Frozen Juice Cup	1 each	90	0	0	60.00	0.00	22.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		753	971	1909	65.42	42.82	101.62	21.02	8.69
% of Calories						22.7%	54.0%	25.1%	10.4%

Fri - 02/20/2026									
Lunch Grades K-8	Total								
Mozzarella Sticks-Gilardis-WG	1 ea	300	780	0	0.00	20.00	32.00	14.00	5.00
PIZZA SAUCE	2 oz	16	407	179	3.49	0.68	3.74	0.13	0.02
Fish Sticks	5 sticks	249	386	125	2.99	17.43	21.16	11.21	1.87
Cornbread muffin	1 each	170	105	0	0.00	3.00	28.00	5.00	1.00
CHEF SALAD W/ Bosco Stick	SALAD	337	818	3211	12.84	25.15	30.45	13.30	6.59
SALAD DRESSING, Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Baby Carrots	1/2 cup	20	44	7819	4.76	0.36	4.67	0.07	0.01
APPLES, Fresh	1 EACH	72	1	75	6.35	0.36	19.06	0.23	0.03
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		562	1067	7094	13.82	28.77	81.82	16.23	4.47
% of Calories						20.5%	58.2%	26.0%	7.2%

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	Portion Size	Cals	mg Sodm	IU Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat
Mon - 02/23/2026									
Lunch Grades K-8	Total								
Croissant w/sausage,egg&chs	1 each	381	851	507	0.00	16.78	32.03	21.99	8.69
Sloppy Joe on Bun	.33 cups	472	950	668	10.18	32.97	46.24	17.98	6.21
Popcorn Chic Salad w/ Bosco St	salad	547	931	3211	12.84	37.84	46.04	23.99	9.22
SALAD DRESSING,Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Green Beans Blue lake	3/4 cup	36	435	450	4.91	1.66	5.96	0.01	0.00
PEARS: canned,light syrup	1/2 CUP	71	6	0	0.88	0.24	18.99	0.04	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		655	1483	1577	9.53	31.30	82.80	23.11	8.67
% of Calories						19.1%	50.6%	31.7%	11.9%

Tue - 02/24/2026									
Lunch Grades K-8	Total								
STRAW HAT	servng	545	1077	1190	5.14	39.69	36.81	26.63	8.81
Chicken Sandwich (Breaded) W/G	Sandwich	321	833	101	0.00	21.08	37.07	13.06	2.01
Italian salad-Bosco Sti	1 each	358	715	3051	11.38	24.12	29.10	16.64	7.65
SALAD DRESSING,Assorted	2 TBSP	22	232	86	0.00	0.00	5.28	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Ranchero Beans	3/4 cup	165	735	0	0.00	9.00	30.00	0.75	0.00
Peach cup commodity	peach cup	118	8	354	117.55	0.79	29.92	0.16	0.01
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		879	1788	1944	106.22	51.08	110.62	26.86	8.06
% of Calories						23.2%	50.3%	27.5%	8.3%

Wed - 02/25/2026									
Lunch Grades K-8	Total								
Pop Chix Pretzel & Chs	svg	465	1063	0	1.20	23.00	53.97	17.47	3.99
SUB SANDWICH	1 each	315	1090	279	1.21	19.70	28.73	14.34	6.55
CHEF SALAD W/ Bosco Stick	SALAD	337	818	3211	12.84	25.15	30.45	13.30	6.59
SALAD DRESSING,Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
CARROTS:frozen, boiled	3/4 CUP	41	65	18205	2.52	0.64	8.46	0.74	0.13
Blue Raspberry Applesauce	1 each	60	0	0	0.00	0.00	15.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		630	1193	15155	5.06	29.03	86.54	18.99	4.77
% of Calories						18.4%	54.9%	27.1%	6.8%

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	Portion Size	Cals	mg Sodm	IU Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat
Thu - 02/26/2026									
Lunch Grades K-8	Total								
Orange Chicken with Fried Rice	1 serving	285	505	1750	2.40	14.00	46.50	4.75	0.75
HAMBURGER on a BUN	1 each	328	315	61	0.00	16.64	36.37	13.52	4.25
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
Italian salad-Bosco Stil	1 each	358	715	3051	11.38	24.12	29.10	16.64	7.65
SALAD DRESSING, Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
BROCCOLI: frozen, boiled	3/4 CUP	39	15	1543	55.34	4.28	7.38	0.17	0.01
Pineapple Tidbits US 16-17	1/2 cup	80	0	100	12.00	0.00	22.00	0.00	0.00
Fortune cookie	1 each	35	15	0	0.00	1.00	7.00	0.00	0.00
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		556	684	3490	64.39	26.85	97.58	7.89	1.86
% of Calories						19.3%	70.2%	12.8%	3.0%

Fri - 02/27/2026									
Lunch Grades K-8	Total								
Cheese Quesadilla (Gillard)	1 each	330	830	0	0.00	16.00	40.00	12.00	3.50
FISH SANDWICH	1 each	295	481	0	0.00	15.26	44.47	7.05	0.84
CHEF SALAD W/ Bosco Stick	SALAD	337	818	3211	12.84	25.15	30.45	13.30	6.59
SALAD DRESSING, Assorted	1 TBSP	11	116	43	0.00	0.00	2.64	0.00	0.00
PEANUT BUTTER & JELLY SANDWICH	1 EACH	524	521	0	4.25	16.40	51.17	29.35	5.32
CORN: frozen, yellow	3/4 CUP	100	1	245	4.31	3.14	23.74	0.82	0.12
ORANGE	1 EACH	62	0	295	69.69	1.23	15.39	0.16	0.01
MILK - Variety	HALF PINT	125	171	500	1.20	8.01	22.06	0.32	0.20
Weighted Daily Average		586	905	1086	68.32	27.31	94.99	13.08	3.51
% of Calories						18.6%	64.8%	20.1%	5.4%